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The shamanic journey reveals the unity underlying the separate and divided forms – ‘it is one, it is unity, it is ourselves’. It is the way of compassion and poise that celebrates, heals, and transforms:

*jir jüzindaki ačiya*,
*Kūn kuzindaki ačiya*,
*Maruşdaki va Mashruqdaki ačiya*,
*Turkistanda tumin bab*,
*Sizdirdin midat tilayman*.

O saints who dwell underground,
O saints who dwell in the sky,
O saints from the East and from the West,
O ten thousands of masters at Turkistan,
I beg thy help.

(Translated from Kazakh Turkish: A. A. Diva’ev, ‘Baksy, kak lekar’ i koldun’ (The *bakshi* as healer and spirit doctor), In *Iz oblasti kirgizskikh verovani*, Kazan’, 1899, pp. 3–4)

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